6 DAY PROGRAM FOR SA NATIONAL AQUATIC CHAMPIONSHIPS 2018

including events for the Disabled

EVT NO	DAY 1 23 April	EVT NO	DAY 2 24 April	EVT NO	DAY 3 25 April	EVT NO	DAY 4 26 April	EVT NO	DAY 5 27 April	EVT NO	DAY 6 28 April
	HEATS: 09:30		**HEATS: 09:30**		**HEATS: 09:30**		**HEATS: 09:30**		**HEATS: 09:30**		**HEATS: 09:30**
	W 200 Freestyle		W 200 Ind. Medley		W 100 Freesytle		W 400 Freestyle		W 50m Freestyle		M 400 Ind. Medley
	M 200 Freestyle		M 200 Ind. Medley		M 100 Freesytle		M 400 Freestyle		M 50m Freestyle		W 400 Ind. Medley
	M S14&15 Dis 50m Br		***W S14&15 Dis 100mFly***		W 200 Breaststroke		***W S14&15 Dis 100mBr***		***M S14&15 Dis 50mBa***		***W S14&15 Dis 200m IM***
	M S1-13 Dis 50m Br		***W S1-13 Dis 100m Fly***		M 200 Breaststroke		***W S1-13 Dis 100m Br***		***M S1-13 Dis 50m Ba***		***W S1-13 Dis 200m IM***
	W S14&15 Dis 50m Br		***M S14&15 Dis 100mFly***		***W S14&15 Dis 50mFly***		***M S14&15 Dis 100mBr***		***W S14&15 Dis 50mBa***		***M S14&15 Dis 200m IM***
	W S1-13 Dis 50m Br		***M S1-13 Dis 100m Fly***		***W S1-13 Dis 50m Fly***		***M S1-13 Dis 100m Br***		***W S1-13 Dis 50m Ba***		***M S1-13 Dis 200m IM***
	W 100 Breaststroke		W 1500 Freestyle		***M S14&15 Dis 50mFly***				W 200m Backstroke		
	M 100 Breaststroke		M 1500 Freestyle		***M S1-13 Dis 50m Fly***				M 200m Backstroke		
	W 50 Butterfly				W 50 Backstroke				W 50m Breast		
	M 50 Butterfly				M 50 Backstroke				M 50m Breast		
	M S14&15 Dis 100mBa				W 200 Butterfly				***M S14&15 Dis 100mFr***		
	M S1-13 Dis 100m Ba				M 200 Butterfly				***M S1-13 Dis 100m Fr***		
	W S14&15 Dis 100mBa				***M S14&15 Dis 50m Fr***				***W S14&15 Dis 100mFr***		
	W S1-13 Dis 100m Ba				***M S1-13 Dis 50m Fr***				***W S1-13 Dis 100m Fr***		
	W 100 Backstroke				***W S14&15 Dis 50m Fr***				W 100 Butterfly		
	M 100 Backstroke				***W S1-13 Dis 50m Fr***				M 100 Butterfly		
									W 800 Freestyle		
									M 800 Freestyle		
	FINALS 18:00		**FINALS 18:00**		**FINALS 18:00**		**FINALS 18:00**		**FINALS 18:00**		**FINALS 18:00**
	W 200 Freestyle SF		W 200 Freestyle F		W 200 Ind. Medley F		W 100 Freestyle F		W 50m Freestyle SF		W 50m Freestyle F
	M 200 Freestyle SF		M 200 Freestyle F		M 200 Ind. Medley F		M 100 Freestyle F		M 50m Freestyle SF		M 50m Freestyle F
	M S14&15 Dis 50m Br		***W S14&15 Dis 100mFly***		W 100 Freesytle SF		***W S14&15 Dis 100mBr***		***M S14&15 Dis 50mBa***		W 200m Backstroke F
	M S1-13 Dis 50m Br		***W S1-13 Dis 100m Fly***		M 100 Freesytle SF		***W S1-13 Dis 100m Br***		***M S1-13 Dis 50m Ba***		M 200m Backstroke F
	W S14&15 Dis 50m Br		***M S14&15 Dis 100mFly***		***W S14&15 Dis 50mFly***		***M S14&15 Dis 100mBr***		***W S14&15 Dis 50mBa***		W 100 Butterfly F
	W S1-13 Dis 50m Br		***M S1-13 Dis 100m Fly***		***W S1-13 Dis 50m Fly***		***M S1-13 Dis 100m Br***		***W S1-13 Dis 50m Ba***		M 100 Butterfly F
	W 100 Breaststroke SF		W 100 Breaststroke F		***M S14&15 Dis 50mFly***		W 200 Breaststroke F		W 200m Backstroke SF		***W S14&15 Dis 200m IM***
	M 100 Breaststroke SF		M 100 Breaststroke F		***M S1-13 Dis 50m Fly***		M 200 Breaststroke F		M 200m Backstroke SF		***W S1-13 Dis 200m IM***
	W 50 Butterfly SF		W 50 Butterfly F		W 200 Breaststroke SF		W 50 Backstroke F		W 50m Breaststroke SF		***M S14&15 Dis 200m IM***
	M 50 Butterfly SF		M 50 Butterfly F		M 200 Breaststroke SF		M 50 Backstroke F		M 50m Breaststroke SF		***M S1-13 Dis 200m IM***
	M S14&15 Dis 100mBa		W 100 Backstroke F		W 1500 Freestyle F		W 200 Butterfly F		***M S14&15 Dis 100mFr***		M 400 Ind. Medley F
	M S1-13 Dis 100m Ba		M 100 Backstroke F		W 50 Backstroke SF		M 200 Butterfly F		***M S1-13 Dis 100m Fr***		W 400 Ind. Medley F
	W S14&15 Dis 100mBa		W 200 Ind. Medley SF		M 50 Backstroke SF		W 400 Freestyle F		***W S14&15 Dis 100mFr***		W 50m Breaststroke F
	W S1-13 Dis 100m Ba		M 200 Ind. Medley SF		M 1500 Freestyle F		M 400 Freestyle F		***W S1-13 Dis 100m Fr***		M 50m Breaststroke F
	W 100 Breaststroke SF		W 4 x 200 FreeRel		***M S14&15 Dis 50m Fr***		Mixed 4 x 100 Medley Rel		W 100 Butterfly SF		W 800 Freestyle F
	M 100 Breaststroke SF		M 4 x 200 Free Rel		***M S1-13 Dis 50m Fr***				M 100 Butterfly SF		M 800 Freestyle F
	W 50 Butterfly SF				***W S14&15 Dis 50m Fr***				W 4 x 50 Free Rel		W 4 x 100 Med Rel
	M 50 Butterfly SF				***W S1-13 Dis 50m Fr***				M 4 x 50 Free Rel		M 4 x 100 Med Rel
	W 100 Backstroke SF				W 200 Butterfly SF						
	M 100 Backstroke SF				M 200 Butterfly SF						
	W 4 x 100 Free Rel				Mixed 4 x 100 Free Rel						
	M 4 x 100 Free Rel										